

Exercícios de Coordenação Motora

Valsa Parte 1

A

1 1 1 1

C M

B

1 2 1 2

C M

C

1 2 3 2

C M

D

3 4 3 4

C M

E

Musical notation for exercise E. The exercise is in 4/4 time and consists of four measures. The right hand (treble clef) plays a sequence of notes: G4 (finger 3), A4 (finger 4), B4 (finger 5), and A4 (finger 4). The left hand (bass clef) plays a sequence of notes: C3 (finger C), D3 (finger M), E3, F3, G3, and A3. The first measure includes the letters 'C' and 'M' above the notes C3 and D3 respectively.

F

Musical notation for exercise F. The exercise is in 4/4 time and consists of four measures. The right hand (treble clef) plays a sequence of notes: G4 (finger 5), F4 (finger 4), G4 (finger 5), and F4 (finger 4). The left hand (bass clef) plays a sequence of notes: C3 (finger C), D3 (finger M), E3, F3, G3, and A3. The first measure includes the letters 'C' and 'M' above the notes C3 and D3 respectively.

G

Musical notation for exercise G. The exercise is in 4/4 time and consists of four measures. The right hand (treble clef) plays a sequence of notes: G4 (finger 5), F4 (finger 4), E4 (finger 3), and F4 (finger 4). The left hand (bass clef) plays a sequence of notes: C3 (finger C), D3 (finger M), E3, F3, G3, and A3. The first measure includes the letters 'C' and 'M' above the notes C3 and D3 respectively.

H

Musical notation for exercise H. The exercise is in 4/4 time and consists of four measures. The right hand (treble clef) plays a sequence of notes: G4 (finger 1), A4 (finger 2), B4 (finger 3), and A4 (finger 4). The left hand (bass clef) plays a sequence of notes: C3 (finger C), D3 (finger M), E3, F3, G3, and A3. The first measure includes the letters 'C' and 'M' above the notes C3 and D3 respectively.

I

Exercise I: A four-measure piece. The right hand (treble clef) plays a descending sequence of notes: G4 (finger 5), F4 (finger 4), E4 (finger 3), D4 (finger 2). The left hand (bass clef) plays a steady eighth-note accompaniment: C3, D3, E3, F3, G3, A3, B3, C4.

J

Exercise J: A four-measure piece. The right hand (treble clef) plays a descending sequence of notes: G4 (finger 1), F4 (finger 3), E4 (finger 5), D4 (finger 3). The left hand (bass clef) plays a steady eighth-note accompaniment: C3, D3, E3, F3, G3, A3, B3, C4. The first two notes of the left hand are labeled 'C' and 'M'.

Exercise J (continued): A four-measure piece. The right hand (treble clef) plays a descending sequence of notes: G4 (finger 3), F4 (finger 4), E4 (finger 5), D4 (finger 4). The left hand (bass clef) plays a steady eighth-note accompaniment: C3, D3, E3, F3, G3, A3, B3, C4. The first two notes of the left hand are labeled 'C' and 'M'.